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Workshops to Clarify Health Coverage & MaineCare Confusion Free or Low Cost Workshops Held Around the State

(Augusta) As a health care provider, business, school or group that deals with the public it can often be tough not knowing what direction to point people in when they have a health care or coverage issue. Sometimes it can feel downright helpless. But, there is help!

Consumers for Affordable Health Care (CAHC), an Augusta-based non-profit organization, is holding educational workshops at locations all around the state. These sessions, which are mostly free, will give you the tools you need to offer information and application assistance to individuals and families applying for MaineCare, DirigoChoice, Maine’s prescription drug plans, as well as other health care coverage programs. CAHC works with Maine Equal Justice Partners when conducting the all-day workshops.

*** THESE WORKSHOPS ARE NOT FOR INDIVIDUALS WITH QUESTIONS ABOUT THEIR OWN HEALTH CARE OR PRIVATE INSURANCE COVERAGE. BUT, WE HAVE HELP FOR YOU TOO. CALL OUR HELPLINE AT 1-800-965-7476.**

Workshop Sites and Dates:

Bangor	(\$30 fee)	Jul. 21	9:00am-4:00 pm
Calais	(FREE)	Aug. 13	1:00pm-4:00 pm
Lewiston	(\$30 fee)	Sept. 17	9:00am-4:00 pm
Sanford	(FREE)	Oct. 15	12:30pm-3:30 pm
Augusta	(\$30 fee)	Nov. 19	9:00am- 4:00 pm
Ellsworth	(FREE)	Dec. 10	1:00pm-4:00 pm

There are thousands of Maine children and adults who are eligible for MaineCare full-benefit coverage plans and just don’t know it. By getting just a little bit of knowledge, you can make a difference by helping these people get the health coverage they need.

For more information or to register for a session, contact Belinda at 207-622-7083 or bthurlow@mainecahc.org.

Consumers for Affordable Health Care is a non-profit, non-partisan organization that has been helping Maine people get quality, affordable health care for more than 20 years.

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For more information or to schedule interviews contact:

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