



**Consumers for  
AFFORDABLE  
Health Care**

*Advocating the right to quality, affordable  
health care for every man, woman and child*

# News Release

**FOR IMMEDIATE RELEASE:** February 9, 2009

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## **HEALTH COVERAGE HELP FOR THOSE WORKING WITH KIDS, PARENTS & PREGNANT WOMEN**

### **Free MaineCare Workshop in Rumford Helps Find Answers for Your Clients**

(Augusta) Consumers for Affordable Health Care is holding a free MaineCare eligibility workshop in Rumford. The workshop will focus on coverage for kids, parents and pregnant women. With the faltering economy our non-profit organization is seeing more and more that people are looking for affordable options for health care. You may not know where to tell them to turn.

If you're a social worker, health care provider, business, school or other group that deals with the public it can often be tough not knowing what direction to point people in when they have a health care issue. Sometimes it can feel downright helpless. But, Consumers for Affordable Health Care (CAHC) can help!

The three hour session will give you the tools you need to offer information and application assistance to individuals and families applying for MaineCare, DirigoChoice, Maine's prescription drug discount plans, as well as other free or low-cost health care coverage programs.

**Where:** Rumford Public Library, 56 Rumford Avenue

**When:** February 12, 2009

**Time:** 1:00 - 4:00 pm

**Please register by February 6, 2009.** Call Belinda at 622-7083 or email [workshops@mainecahc.org](mailto:workshops@mainecahc.org)  
If you miss this workshop there will be others around the state through out the year.

There are thousands of Maine children and adults who are eligible for MaineCare full-benefit coverage plans and just don't know it. By getting just a little bit of knowledge, you can make a difference by helping these people get the health coverage they need.

**\* THIS WORKSHOP IS NOT FOR INDIVIDUALS WITH QUESTIONS ABOUT THEIR OWN HEALTH CARE OR PRIVATE INSURANCE COVERAGE. BUT, WE HAVE HELP FOR YOU TOO. CALL OUR HEALTH CARE HELPLINE AT 1-800-965-7476.**

Consumers for Affordable Health Care is a non-profit, non-partisan organization that has been helping Maine people get quality, affordable health care for more than 20 years.

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**For more information or to schedule interviews contact:**

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