



**Consumers for  
AFFORDABLE  
Health Care**

*Advocating the right to health care  
for every man, woman and child.*

39 Green Street  
Post Office Box 2490  
Augusta, ME 04338-2490

Tel: 207 / 622 – 7045  
Fax: 207 / 622 – 7077  
E: [consumerhealth@mainecahc.org](mailto:consumerhealth@mainecahc.org)  
Web: [www.mainecahc.org](http://www.mainecahc.org)

**FOR IMMEDIATE RELEASE:**

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Contact: Cherilee Budrick  
207-622-7083 X 211  
[cbudrick@mainecahc.org](mailto:cbudrick@mainecahc.org)

## Workshops to Clarify Health Care & MaineCare Confusion

As a health care provider, business, school or group that deals with the public it can often be tough not knowing what direction to point people in when they have a health care issue. Sometimes it can feel downright helpless. But, there is help!

Consumers for Affordable Health Care, an Augusta-based non-profit organization, is holding educational workshops at locations all around the state. These sessions, which are mostly free, will give you the tools you need to offer information and application assistance to individuals and families applying for MaineCare, DirigoChoice, Maine's prescription drug plans, as well as other health care coverage programs.

**\* THESE WORKSHOPS ARE NOT FOR INDIVIDUALS WITH QUESTIONS ABOUT THEIR OWN HEALTH CARE OR PRIVATE INSURANCE COVERAGE. BUT, WE HAVE HELP FOR YOU TOO. CALL OUR HELPLINE AT 1-800-965-7476.**

### Workshop Sites and Dates:

Augusta	(\$25 fee)	June 12	9:00am-4:00pm
Dover Foxcroft	(FREE)	June 26	9:00am-12:00pm
Rumford	(FREE)	Jul 17	1:00pm-4:00 pm
Sanford	(FREE)	Jul 24	1:00pm-4:00 pm
Calais	(FREE)	Aug 14	1:00pm-4:00 pm
Lewiston	(\$25 fee)	Sept 11	9:00am-4:00 pm
Rockland	(FREE)	Oct 9	1:00pm-4:00pm
Presque Isle	(FREE)	Oct 24	1:00pm-4:00pm
Bangor	(\$25 fee)	Nov 20	9:00am-4:00pm
Portland	(FREE)	Dec 11	9:00am-12:00pm

There are thousands of Maine children and adults who are eligible for MaineCare full-benefit coverage plans and just don't know it. By getting just a little bit of knowledge, you can make a difference by helping these people get the health coverage they need.

For more information or to register for a session, contact Katie Lathe at 207-622-7083 or [klathe@mainecahc.org](mailto:klathe@mainecahc.org)

*"Health care should be a right, not a privilege."*