



**Consumers for  
AFFORDABLE  
Health Care**

*Advocating the right to quality, affordable  
health care for every man, woman and child*

# News Release

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## Free Health Care & MaineCare Workshop in Skowhegan

As a health care provider, business, school or group that deals with the public it can often be tough not knowing what direction to point people in when they have a health care issue. Sometimes it can feel downright helpless. But, there is help!

Consumers for Affordable Health Care, an Augusta-based non-profit organization, is holding a free educational workshop right in Skowhegan.

**Where:** Kennebec Valley Community Action Plan, 26 Mary St. Skowhegan

**When:** August 28<sup>th</sup>

**Time:** 1:00 pm -4:00 pm.

The session will give you the tools you need to offer information and application assistance to individuals and families applying for MaineCare, DirigoChoice, Maine's prescription drug discount plans, as well as other free or low-cost health care coverage programs.

**\* THIS WORKSHOP IS NOT FOR INDIVIDUALS WITH QUESTIONS ABOUT THEIR OWN HEALTH CARE OR PRIVATE INSURANCE COVERAGE. BUT, WE HAVE HELP FOR YOU TOO. CALL OUR HELPLINE AT 1-800-965-7476.**

There are thousands of Maine children and adults who are eligible for MaineCare full-benefit coverage plans and just don't know it. By getting just a little bit of knowledge, you can make a difference by helping these people get the health coverage they need.

If you miss this workshop there will be others around the state through out the year.

For more information or to register for a session, contact Katie Lathe at 207-622-7083 or [klathe@mainecahc.org](mailto:klathe@mainecahc.org)

*"Health care should be a right, not a privilege."*