



## Who can get Sliding-Scale Care?

You have a right to “medically necessary” care at ANY hospital in Maine, even if you can’t pay for it. Depending on your household income, you could get that care free of charge, or on a sliding-scale. See our **Hospital Free Care** flyer to see who can get Free Care.

Some hospitals in Maine provide Sliding-Scale Care to individuals and families who make too much money to get Free Care.

**Look at the chart on the back page to see who can get Sliding-Scale care, and where to get it.**

## What services can I get?

Usually, Sliding-Scale care at hospitals is for “medically necessary” inpatient and outpatient hospital services. Some hospitals provide other services as well. To find out if a hospital provides additional services, you can contact the hospital Patient Accounts office (billing office) or the Department of Health & Human Services.

## How do I apply?

Call the hospital and ask for Patient Accounts (billing office), or the hospital’s Free or Sliding-Scale program. They will speak to you about the program, and help you to fill out an application.

## What if my application is denied?

If your application is denied, the hospital will give you a denial letter. If you believe you should have been accepted, you can appeal. To appeal, you must request an administrative fair hearing from the Department of Health and Human Services within 60 days of the date of the denial letter. Your request can be made in writing or over the phone. The request must be made to the Administrative Hearings Unit, DHHS, 11 State House Station, Augusta, ME 04333-0011 or by calling 207-287-8792.

If you believe that the denial is correct, there may be other programs to help. Call the Consumers for Affordable Health Care HelpLine at 1-800-965-7476 for other ideas for help with health care costs.

## How is income calculated?

The hospital may ask you for proof of household income (like check stubs or tax returns). The hospital can usually look at income over the past 12 months OR the the past 3 months. You may qualify if your income is under the limit for EITHER time period. If you do not qualify one way, you may qualify the other way! For example, looking at the last 3 months may help people with higher yearly income if their income dropped in the 3 months before the application.

## 2009 Income Limits

## Hospitals

Some asset guidelines may also apply. But, even if you have assets or if you are slightly over the guidelines, it doesn't hurt to call! Sometimes hospitals are able to work something out, depending on the circumstances.

<p><b>\$1,354/mo for an individual</b> (\$1,822/mo for a family of two; add \$468/mo for each additional family member)</p>	<p><i>FREE CARE At All Hospitals in Maine</i></p>
<p><b>\$1,896/mo for an individual</b> (\$2,552/mo for a family of two; add \$655/mo for each additional family member)</p>	<p><i>Cary Medical Center Houlton Regional Hospital</i></p>
<p><b>\$2,031/mo for an individual</b> (\$2,733/mo for a family of two; add \$702/mo for each additional family member)</p>	<p><i>Calais Regional Hospital Maine General Medical Center Maine Medical Center Miles Memorial Hospital Southern Maine Medical Center Spring Harbor Hospital St. Andrews Hospital Stephens Memorial Hospital</i></p>
<p><b>\$2,257/mo for an individual</b> (\$3,036/mo for a family of two; add \$780/mo for each additional family member)</p>	<p><i>Franklin Memorial Hospital Goodall Hospital Maine Coast Memorial Hospital Mercy Hospital Mount Desert Island Hospital Northern Maine Medical Center Penobscot Bay Medical Center</i></p>
<p><b>\$2,483/mo for an individual</b> (\$3,341/mo for a family of two; add \$825/mo for each additional family member)</p>	<p><i>Penobscot Valley Hospital Reddington-Fairview General Hospital</i></p>
<p><b>\$2,708/mo for an individual</b> (\$3,643/mo for a family of two; add \$935/mo for each additional family member)</p>	<p><i>Acadia Hospital Blue Hill Memorial Hospital Bridgton Hospital Central Maine Medical Family Charles A. Dean Memorial Hospital Eastern Maine Medical Center Inland Hospital Mayo Regional Hospital Mid Coast Hospital Parkview Adventist Medical Center Rumford Community Hospital St. Joseph Hospital St. Mary's Regional Medical Center</i></p>
<p><b>\$3,612/mo for an individual</b> (\$4,860/mo for a family of two; add \$1,248/mo for each additional family member)</p>	<p><i>Mid Coast Hospital Millinocket Regional Hospital</i></p>

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**Consumers for  
AFFORDABLE  
Health Care**

For more information or to find out about other health care programs, call our Health Care HelpLine at 1-800-965-7476.