



## Who can get help at Sliding-Scale Clinics?

Maine's Sliding-Scale Clinics provide high quality, comprehensive primary and preventive health care. These clinics provide discounts based on household income. To find the Sliding-Scale Clinic closest to you, **find your county on this flyer and see if there is a clinic near you.**

To apply for the program, call the Sliding-Scale Clinic directly and ask about their program. Each clinic may have slightly different discount levels, so if the first place you call is not as helpful as you had hoped, give the next closest one a try.

Sometimes hospitals will also have information about other Sliding-Scale Clinics in their area, working with the hospital. If you don't find a clinic that works for you in this flyer, try calling your local hospital.

## Sliding-Scale Clinics by County:

### Androscoggin County:

- Community Clinical Services, *Lewiston, Auburn, Poland and Lisbon Falls - 777-8899*
- DFD Russell Medical Center, *Leeds - 524-3501*  
*Turner - 225-2676*
- Western Maine Family Health, *Livermore Falls - 897-4345*

### Aroostook County:

- Center for Women & Children's Health, *Caribou - 492-3451*
- Pines Health Services, *Caribou - 498-2359*  
*Caribou Family Health - 498-6921*  
*Limestone - 328-4631*  
*Presque Isle Family Health - 769-2025*  
*Van Buren - 868-2796*
- Fish River Rural Health, *Eagle Lake - 444-5384*  
*Fort Kent - 834-3971*
- Katahdin Valley Health Center, Primary Care, *Houlton - 521-0022*
- Katahdin Valley Health Center, *Island Falls - 463-3600*

### Cumberland County:

- Portland Community Health Center, *Portland - 482-5000*
- Health Care for the Homeless, *Portland - 756-8254*

### Franklin County:

- Mt. Abram Regional Health Center, *Kingfield - 265-4555*
- Rangeley Family Medicine, *Rangeley - 864-3303*
- Strong Area Health Center, *Strong - 684-4010*

### Hancock County:

- Bucksport Regional Health Center, *Bucksport - 469-7371*

### Kennebec County:

- Belgrade Regional Health Center, *Belgrade - 495-3323*
- DFD Russell Medical Center, *Monmouth - 933-9646*
- Lovejoy Health Center, *Albion - 437-9388*
- Maine Migrant Health Program, *Augusta (statewide) - 622-9252*

### Knox County:

- Islands Community Medical Center, *Vinalhaven - 863-4341*



**Lincoln County:**

- St. Andrews Hospital Family Care, *Boothbay Harbor - 633-7820*
- Sheepscoot Valley Health Center, *Coopers Mills - 549-7581*
- Miles Family Medicine, *Damariscotta - 563-4383*
- Lincoln Medical Partners Family Med., *Waldoboro - 832-6394*

**Oxford County:**

- Bethel Family Health Center, *Bethel - 824-2193*
- Sacopee Valley Health Center, *Porter - 625-8126*
- Elsemore-Dixfield Center, *Dixfield - 562-4226*
- Swift River Health Center, *Rumford - 369-0146*

**Penobscot County:**

- Health Access Network - 794-6700  
*Lincoln, Medway-Hamlin, West Enfield and Millinocket*
- Helen Hunt Community Health Center, *Old Town - 827-6128*
- Penobscot Community Health Center, *Bangor - 945-5247*  
*Bangor - Pediatrics - 947-0147*
- Stillwater Family Medicine, *Bangor - 947-0768*
- Capehart Community Clinic, *Bangor - 992-2295*
- Summer St. Community Clinic, *Bangor - 992-2636*
- Brewer Community Clinic, *Brewer - 989-1567*
- Corinna Family Practice, *Corinna - 278-3238*
- Katahdin Valley Health Ctr. Primary Care, *Patten - 528-2285*
- Katahdin Valley Health Center, *Millinocket - 723-6551*  
*Island Falls - 463-3600*
- Sebec Family Doctors, *Newport - 368-5189*  
*Dexter - 924-5200*
- Dexter Family Practice, *Dexter - 924-7349*

**Piscataquis County:**

- Sebec Family Doctors, *Dover-Foxcroft - 564-8710*
- Health Access Network, *Dover-Foxcroft - 564-4464*
- Milo Family Practice, *Milo - 943-7752*
- Guilford Medical Associates, *Guilford - 876-3547*

**Sagadahoc County:**

- Richmond Area Health Center, *Richmond - 737-4359*

**Somerset County:**

- Bingham Area Health Center, *Bingham - 672-4187*
- Sebec Family Doctors, *Pittsfield - 487-9244*
- Sebec Family Doctors, *Canaan - 474-6990*
- Sebec Family Doctors, *Hartland - 938-2408*
- Madison Area Health Center, *Madison - 696-3992*

**Waldo County:**

- Islesboro Health Center, *Islesboro - 734-2213*
- Donald S. Walker Memorial Health Clinic, *Liberty - 589-4509*
- Arthur Jewell Community Health Center, *Brooks, ME - 722-3488*
- Stockton Springs Regional Health Center, *Stockton Springs - 567-4000*

**Washington County:**

- Arnold Memorial Medical Center, *Jonesport - 497-5614*
- Regional Medical Center at Lubec, *Lubec - 733-5541*  
*East Machias - 255-0102*
- East Grand Health Center, *Danforth - 448-2347*
- Eastport Health Care, *Eastport - 853-6001*  
*Machias - 255-3400*
- Harrington Family Health Center, *Harrington - 483-4502*
- St. Croix Regional Family Health Ctr., *Princeton - 796-5503*
- Whiting Bay Family Medicine, *Whiting Bay - 733-2900*
- Family Medicine, John Gaddis, M.D., *Machias - 255-3338*
- Pleasant Point (Indian Health Facility), *Perry - 853-0644*
- St. Croix Regional Health Center, *Princeton - 796-5503*

**York County:**

- York County Community Health Care, *Sanford - 490-6900*